



  
**The Arc**  
*of Buncombe County*  
**MAKING THINGS BETTER**  
**NEWSLETTER**  
 SPRING 2022 EDITION

**SPRING IS HERE!**

*Hello everyone! We hope that you all are doing well and that you have been enjoying the warmer weather and sunshine ~ hopefully winter is finally behind us. And with Spring comes our annual Spring event. We hope that you will be able to join us. Information for our Spring Fling is below, so mark your calendars and get your tickets today! Enjoy the latest news and let us know if you have any stories to share. We're always looking for news items that would be of interest to our readers. Be well everyone and thanks for reading!*

**Join Us for Our Annual Spring Fling  
Tickets Available Now ~ Get Yours Today!**



**The Arc**  
of Buncombe County

# Spring Fling

**Wednesday, May 11, 2022  
6pm-9pm**

Highland Brewing Company  
12 Old Charlotte Highway, Suite 200 • Asheville, NC 28803

PRICE: \$35.00  
YOUR DONATION WILL SUPPORT OUR  
SPECIALIZED SUMMER CAMP SCHOLARSHIP FUND

*Music by West Sound Productions*  
Delicious Food, Drinks and Silent Auction Items!

This annual event raises money to help those with intellectual & developmental disabilities attend specialized summer camp. This fun evening will include food, drinks and music by West Sound, along with a wonderful assortment of silent auction items to bid on. We look forward to seeing you at this wonderful event to help others. [CLICK HERE](#) to purchase your tickets.

**Last Call for Summer Camp Applications!**



summer  
CAMPs

We have a few more available scholarships for campers with developmental and intellectual disabilities. Applications will be reviewed on a first come, first served basis.

**To download an application, visit:**

<https://www.arcofbuncombecounty.org/summer-camp-scholarship-program>



— AN INCLUSIVE EVENT FOR THE ENTIRE COMMUNITY —

# YOGA FOR ALL

at the Love Shine Play Festival™

July 30, 2022  
Check in at 11:00am

Pack Square, on the Green  
1 S. Pack Square, Asheville, NC

Event Ends at 1:00pm



Free Snow Cones and  
Face Painting for All  
Registered Attendees!



For more information and to register:  
<https://bloomfitness-bloom.kindful.com/e/yoga-for-all-asheville>

## Arms Around ASD – Asheville Area Support for Autistic People and Their Families



The idea for Arms Around ASD came about in 2013 with the notion that all family members need support when living with an autistic person. Parenting in and of itself is incredibly demanding. Add to that a family member who processes and communicates atypically and everything becomes that much more intense.

The mission of Arms Around ASD is to support the autism community through self-care and development of executive functioning skills promoting the growth of the community as a whole. Arms is unique in that we provide services for autistic people regardless of age, ability or income AND their families, care providers, support staff and other professionals (teachers, doctors, nurses, therapists, etc) who work with them. Everyone who provides services for AAASD is a volunteer. From our acupuncturist to our Zumba instructor, front desk person to executive director, we all have our arms around autism spectrum disorder. Arms is one giant hug to families who seek our services.

To learn more about Arms Around ASD, visit: <https://www.armsaroundasd.org/>

**Are You Experiencing Financial Hardship and in Need Assistance? The Arc of Buncombe County may be able to help.**

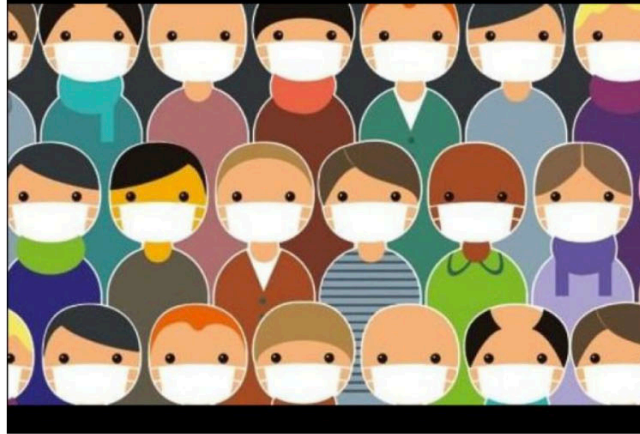
<https://www.arcofbuncombecounty.org/assistance>

For More Information and to Download a Form to Apply for Assistance.

**ARE YOU IN NEED OF COVID TESTS?**

<https://www.covid.gov/tests>

**FREE COVID TESTS  
NOW AVAILABLE!**



**Make The Arc of Buncombe County Your  
AmazonSmile Charity of Choice!**



AmazonSmile Charity Lists makes it easy for you to shop and donate items directly to charities in need. Click this dedicated link to make The Arc of Buncombe County your charity of choice: <https://smile.amazon.com/ch/56-0856544> – AmazonSmile will then donate 0.5% of your eligible Charity List purchases to your selected charity at no extra cost to you. Add "Smile" items from the Arc of Buncombe County lists to your cart, and simply check out. To learn more about AmazonSmile, [CLICK HERE](#).

***Have a Story to Share?***

*We're always looking for content for our newsletter, so if you have a story that you think would be of interest to our readers, please let us know! Contact Linda McDaniel at [linda@arcofbc.org](mailto:linda@arcofbc.org) or 828-253-1255*

**"There is no greater disability in society than  
the inability to see a person as more." ~ Robert M.**

**Hensel**